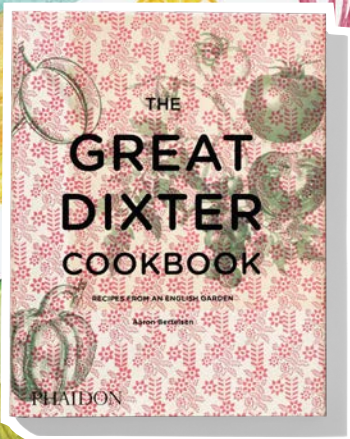




GREENS PARTY
Spring brings a bounty of cookbooks that celebrate the joys of vegetarian, vegan or simply veggie-focused eating.



FRESH CROP Clockwise from top left: *Simple Nature* (Rizzoli), by Alain Ducasse; *Vegan* (Phaidon), by Jean-Christian Jury; a spread and the cover from *Salad for President* (Abrams), by Julia Sherman; *In My Kitchen* (Ten Speed Press), by Deborah Madison; *The Great Dexter Cookbook* (Phaidon), by Aaron Bertelsen.



FEIT CLUB
Men's footwear brand Feit has developed a strong female following, and this spring the label is launching its first true women's collection. The offering will include two new shoe styles as well as a debut bag line featuring the handmade cross-body Navy style (\$500 as shown). Inspired by traditional sailing carryalls, it comes in two sizes and different combinations of canvas, vegetable-tanned leather and suede. feitdirect.com. —Laura Stoloff



THE BEAUTY OF
TECH SUPPORT
There's an unexpected culprit in the aging process: your phone.

RESearch shows that people check their mobile devices about 47 times a day—and all that hunching has led to a lot more wrinkling. There's even a name for it: "tech neck," which refers to the horizontal lines formed from looking down at our screens. "Wrinkles aren't new, but how we are getting them is," says Joan Malloy, CEO of StriVectin, the company that trademarked the expression for their neck products. Because tech neck is tough to treat—"the skin there is extremely thin, with almost no elasticity," says plastic surgeon Steven M. Levine—it's a growing frustration. "Almost every client who comes in for an antiaging treatment says they'd like to target their neck," says facialist Georgia Louise. So what can be done? Preventively, daily sunblock is key—"tech neck lines will be more pronounced on skin weakened by UV damage," says dermatologist Robert Anolik. Treatments vary from lasers to radio frequency to topical creams (see below), but a behavioral shift is key: Raise the height of your computer and, though it feels awkward, hold your phone at eye level. That way you won't, as Nora Ephron famously put it, feel bad about your neck. —Fiorella Valdesolo



FRESH
Black Tea Firming Corset Cream
This antioxidant- and peptide-laced formula with goji-fruit extract has a lifting and tightening effect on skin. \$95, fresh.com



LA PRAIRIE
Line Interception Power Duo
The dual-barrel cream for day (with SPF 30) and night is packed with collagen-stimulating peptides. \$350, laprairie.com



OMOROVICZA
Firming Neck Cream
White-truffle enzymes, leontopodic acid (from edelweiss flowers) and hyaluronic acids smooth skin and improve elasticity. \$145, omorovicza.com

CLOCKWISE FROM TOP LEFT: ABBY GALLOWAY (BACKGROUND); JOSHUA SCOTT (BOOKS); COR (ILLUSTRATION); F. MARTIN RAMIN (©); COURTESY OF FEIT